DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES						Lupin	Milk		MUSTARD			TISSAM OR		Beer
WEEK 3 MENU	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MONDAY		X					X							
TUESDAY		X					X		X					
WEDNESDAY		X		X			X							
THURSDAY		X												
FRIDAY		X		X										
MONDAY DESSERT		X					X							
TUESDAY DESSERT							X							
WEDNESDAY DESSERT							X							
THURSDAY DESSERT		X		X										
FRIDAY DESSERT														