## DISHES AND THEIR ALLERGEN CONTENT

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

| DISHES | N |  |  | $\sqrt{\infty}$ |  |  |  | $\mathbb{N}$ |  |  | $\stackrel{O}{6}$ |  | $088$ | $\int^{R}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| WEEK ONE MAINS | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{gathered} \text { Sesame } \\ \text { seeds } \end{gathered}$ | Soya | Sulphur dioxide |
| MONDAY |  | X |  | $X$ |  |  |  |  |  |  |  |  | X | X |
| TUESDAY |  | X |  |  |  |  | X |  |  |  |  |  |  |  |
| WEDNESDAY |  | X |  |  |  |  | X |  |  |  |  |  |  |  |
| THURSDAY |  | X |  | X |  |  |  |  |  |  |  | X | X |  |
| FRIDAY | X | X |  |  |  |  |  |  |  |  |  |  |  |  |
| MONDAY DESSERT |  | X |  |  |  |  | X |  |  |  |  |  |  |  |
| TUESDAY DESSERT |  | X |  | X |  |  | X |  |  |  |  |  | X |  |
| WEDNESDAY DESSERT |  | X |  |  |  |  |  |  |  |  |  |  |  |  |
| THURSDAY DESSERT |  | X |  | X |  |  | X |  |  |  |  |  | X |  |
| FRIDAY DESSERT |  | X |  | X |  |  | X |  |  |  |  |  | X |  |

