Saint George's Church of England Secondary Phase Newsletter

Term 1
Thursday 22nd October 2026

From our Executive Headteacher

Dear Saint George's Parent,

Thank you for all your support so far, this academic year; it has been a really good start. This newsletter continues to grow, with all manner of articles celebrating the work and successes of pupils, letting you know key information and dates, and trying to give you a flavour of just a fraction of what goes on in our flourishing community each term.

It was great, for example, to share some summer success in terms of pupils' outcomes at our recent open events in the secondary phase; we'll be doing the same at the primary phase throughout November where outcomes are equally as pleasing. Mr Lillie has written about some of those outcomes on page 10 of this edition.

Worship has centred, amongst other things, around our own identity as individuals and as a collective. We hope the fact that our young people are part of a rich history and 'something bigger', is a comfort to them in many ways, or as Chaplain put it recently "Steadies our footsteps".

We keep up long-standing traditions and introduce new ones (think traditional Eucharist services, new traditions in the primary phase and colour run!). We are proud of these traditions which will continue into term 2 with Remembrance in November and our all-through carol service at St Mary's and our incredible celebration of achievement in Rochester Cathedral, both in December.

Given this long History, we reflected in one main hall worship in the secondary phase recently that we (pupils, staff, parents and Governors) are here at the school for a relatively short time, and that this is our time, right now to make sure the school keeps serving its local community, keeps moving forward with the times but never wavers from its roots.

I wish you all a restful Autumn half term.

Mr Murphy
Executive Headteacher
All Different, All Equal, All Flourishing

Chaplain's Update

This term we have being 'building foundations' through our worship. We have reminded ourselves of our values and our school story of The Good Samaritan. We have reflected on what these mean in practice, in our everyday interactions, both within school but also, perhaps more importantly, within the wider community.

It was wonderful to also mark the start of the year with our school Eucharist services. This tradition connects us deeply with our roots as a school and holds us together as a community in this shared experience. Pupils have told me how they enjoy a sense of 'peace' as they share together.

It is also my privilege to work with pupil leaders across the phases. Our leadership teams in Year 6 and in Year 13 have begun their responsibilities and are fantastic role models for their peers as they represent the school.

The Values Ambassadors have expanded and now form three different groups, each taking on a different aspect of leadership. Whether connecting with senior leaders, gathering pupil voice or creating community events, each group is led by one of our Year 13 student leaders, and together they will continue to work hard to grow their leadership skills and represent their peers.

It was exciting this week to present our inaugural Good Samaritan Awards – each term, form tutors will nominate a pupil who they have seen consistently putting our values into practice and these pupils receive a star badge and certificate. It was wonderful to read some of the reason for the nominations that the tutors shared with me – 'always noticing who needs support', 'going out of their way to be welcoming the new year 7 students', 'always contributing to form and listening respectfully to others' views' and many more. It is encouraging to see that pupils share that vision to be Good Samaritans in our school community.

Over the half term break we have an opportunity for everyone to be Good Samaritans – including pupils of all ages, parents and staff – if you are free on Monday 25th from 9-12, come and join our regular litter pick and clean up of our green spaces! Equipment, gloves and refreshments provided (we meet by the Olive Grove at the front of the secondary phase).

A prayer of blessing for us all as we go into the break:

As Autumn leaves change, as clocks go back,
As pumpkins are carved, as the chill of the wind arrives,
May we take time to pause, to reflect and to give thanks,
For changes – those we welcome and those that challenge us.
May we take time to be refreshed,
By people and places that bring us joy.
And in all things may we be blessed to be a blessing to those around us.
Amen

Remembering a Beloved Friend: A Lasting Memorial

On Tuesday 6th October, we gathered at a special blessing service to officially open our school memorial to Blake Gallier. Specially designed by school friends and family, this memorial features inward facing benches to encourage social time and conversation, some of Blake's favourite song lyrics, raised decking and a cherry blossom tree which will of course bloom pink in the spring.

A huge thank you to Mr Butler our site manager for planting the tree and preparing this blessing service, Mr Vinas for his work on preserving our messages from the Autumn on our pink heart, Emilia, Grace and Darcey for their design skills and readings, Chaplain, Mr McGuirk, Sam and Archie in Year 9 for helping to build the memorial over the summer, Mr Morgan, one of our parents for all of his design and build work, Blake's sister Tayla for providing some great cakes, and Pepperhill Garden Centre for their very kind and unprompted donation of Blake's tree! Thank you too to all the pupils, parents and family members who came along to this very important event.

Not only does the memorial look fantastic, but we are also hopeful that this space will provide a place to socialise and reflect for current and future pupils.

With special thanks to the following Year 9 pupils who formed part of the memorial design and consultation team:

Connor, Ruby, Emilia, Grace, Zander, Poppy, Flo, Ethan, Archie, Darcey, Taylor, Queenie, Bobby and Henry.











Blake's Pink Promise – Supporting Children & Young People's Mental Health

We are pleased to work alongside Blake's Pink Promise, a local charity dedicated to supporting children and young people's mental health and wellbeing.

The charity provides counselling support, runs a youth club and organises a range of community activities, events and fundraising opportunities throughout the year.

Parents and carers can keep up to date with upcoming events, charity news, youth activities and helpful wellbeing information by signing up to their weekly newsletter, which is sent every Friday morning.

Sign up to the newsletter here:

https://8ab4a6b6.sibforms.com/serve/MUIFAJAoQsXZumLO4MHeE9enmZxNThAsVAlhXsV4XpgJjPL_CPflaxyfd4-dHofOQZZu_UOMz4Me-8xcaHqpr3y3BZ9umn8XoLJPPOyfn9x_a6GCwqfNPaxQGinU1kZ4u4x6d5PT2Lu661NEoEP5bhHyVPxA2Ffb6aK487Z-W1218xaVtRH5qSZF_OJ2Xrb6gebxDPiWwIz1OQHYOg==

You can also find out more about the charity and upcoming events here:

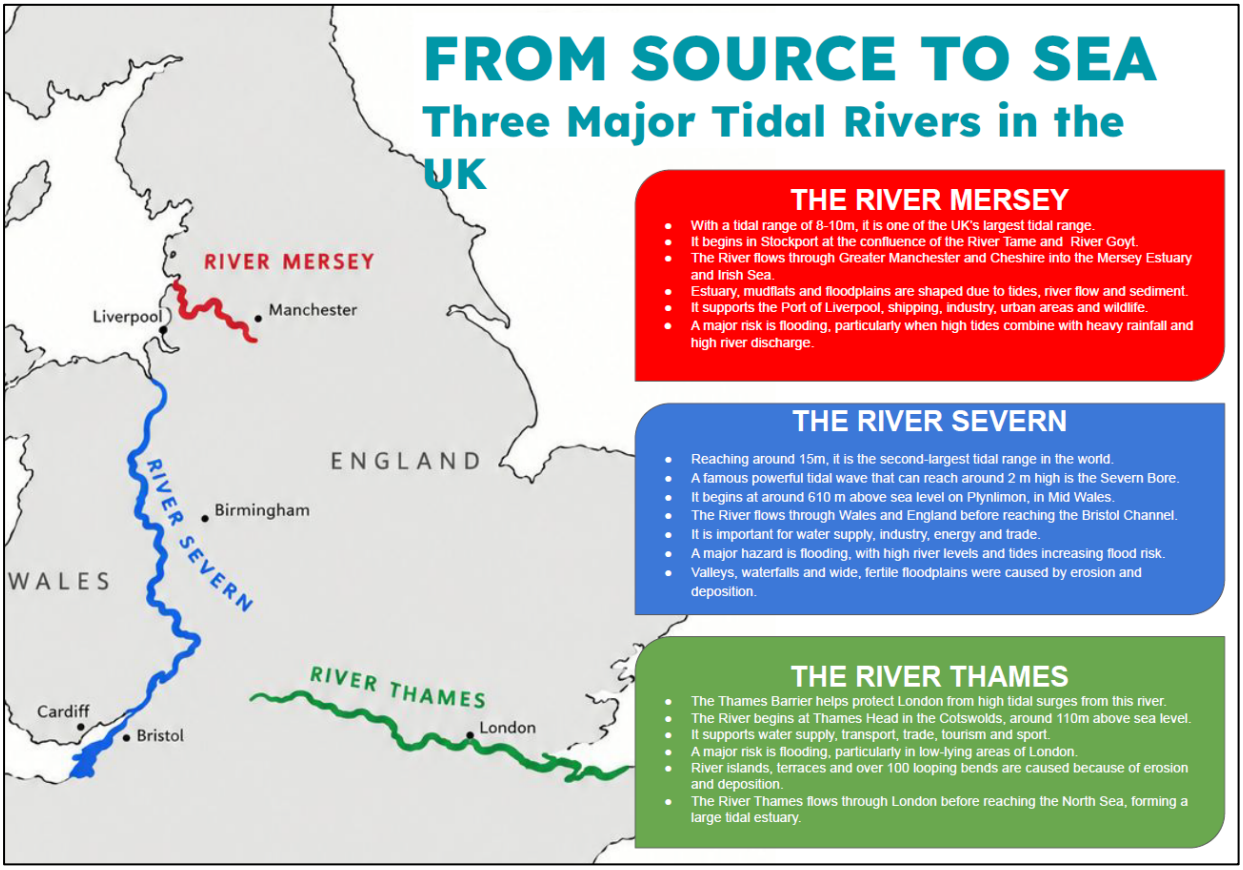
@blakespinkpromise (Facebook/Instagram)

Year 10 Enter Young Geographer of the Year Competition

A group of our Year 10 Geography students have recently taken part in the Royal Geographical Society's Young Geographer of the Year 2026 competition. The competition forms part of our wider super-curricular Geography offer, giving students the opportunity to extend their learning beyond the classroom, explore geographical issues in greater depth and develop their independent research skills.

This year's theme, 'From Source to Sea', challenged students to explore the importance of rivers and consider the physical and human processes connected to them. Students produced their own competition entries, applying their geographical knowledge while also demonstrating creativity, research and critical thinking.

We are very proud of the effort and enthusiasm shown by our Year 10 entrants and wish them the very best of luck in the competition!



A competition entry by Alfie Powell 10Y2

Making Our Mark!



We are delighted to announce that Saint George's has been awarded the Music Mark of Recognition this term, celebrating our commitment to music-making and musical development.

In their congratulatory email, Music Mark stated that: "As a school that has demonstrated a commitment to music-making and musical development, and as a valued partner of Kent Music, your school has qualified for the Music Mark of Recognition."

This recognition reflects the hard work and dedication of our Performing Arts team over recent years, alongside the enthusiasm and talent of our students. We are proud of the opportunities we offer young people to develop their musical skills, build confidence, and experience the enjoyment of making music together.

As we prepare for another busy year of concerts, rehearsals, and musical events, we look forward to celebrating our students' achievements with the whole school community. Thank you to our families for your continued support of music at Saint George's.

Year 10 and 11 Visit Sevenoaks School (KAN)

A group of our Year 10 and 11 students recently visited Sevenoaks School as part of the Kent Academies Network (KAN) programme, accompanied by Ms Sargant (Raising Standards Leader) and Mrs Knowles (Careers and Personal Development).

The meet-up day gave students the chance to experience learning beyond the usual school curriculum and take part in a wide range of thought-provoking workshops. Sessions included topics such as phobias and psychological treatments, cultural influences and languages, history at university, legal aid and the Rights of Nature, as well as exploring university life and placement years.

One of the highlights of the day was the presentation of awards for the students' summer project dissertations. As part of the KAN programme, students independently choose a topic that interests them and complete an extended essay over the summer. Their work then receives individual 1:1 feedback and university-style grading, giving students an excellent opportunity to develop the independent study and academic writing skills they will need in the future.

We were particularly proud to see year 10 Ed Campbell awarded a First-Class grade for their essay – "Should under 16 years be allowed social media?" – an outstanding achievement and a real reflection of the hard work and commitment shown.

The day was a fantastic opportunity for our students to challenge themselves academically, explore new ideas and gain a valuable insight into higher education. We are very proud of the way they represented Saint George's and look forward to seeing them continue to make the most of the opportunities offered through the KAN programme.





Saint George's Summer Reading Challenge 2026

We were delighted that a number of our Year 7 and Year 8 students took part in the Saint George's Summer Reading Challenge over the school summer holidays.

To complete the challenge, students were asked to read three books from selected categories and answer a question about each book. We are incredibly proud of the commitment and enthusiasm they showed in completing the challenge.

As a reward for their hard work, students were presented with a bag of prizes, including a canteen queue-jump pass, sweets and a fidget cube, as well as a certificate to celebrate their achievement.

Miss Cunningham, Miss Luchford and all staff are extremely proud of our students and hope that they continue to enjoy reading and discovering new books throughout the year. Well done to everyone who took part!



Spotlight on Daisy: Back on Stage in Dartford's Christmas Pantomime!



We are incredibly proud to share that Year 7 student Daisy Quigley has been selected to appear in this year's pantomime at the Orchard Theatre in Dartford, following the success of her professional debut last year!

Having absolutely loved the experience last Christmas, Daisy was keen to audition again this year. Out of approximately 160 children from across Kent who auditioned, just 16 were selected to perform across two teams – and we are delighted that Daisy has secured her place once again!

Daisy will be performing in the junior chorus, working alongside talented West End performers and well-known entertainer Joe Pasquale. Rehearsals begin in November and will involve an intense schedule of long days and late nights. Balancing these commitments alongside her schoolwork will be a challenge, but Daisy's enthusiasm and passion for performing shine through, and she cannot wait to get started!

Daisy's achievement is a wonderful source of pride for both her family and our school community. Her dedication, enthusiasm and commitment to pursuing her passion are truly inspiring, and we look forward to following her journey on stage.

We wish Daisy every success for this year's pantomime season and hope she has another unforgettable experience performing at the Orchard Theatre!

Come and see Daisy perform!
Daisy will be appearing in this year's production of *Cinderella* at the Orchard Theatre, Dartford. If you would like to see her in action and support her achievement, tickets are available to book here:

Book tickets for Cinderella at the Orchard Theatre

‘Young Writers’ Creative Writing Success



We are absolutely delighted to celebrate the fantastic achievement of **47 of our Key Stage 3 and Key Stage 4 students**, whose short stories have been selected for publication in a book entitled *Wanted – Tales of Mystery*.

The students entered the **Young Writers ‘WANTED’ creative writing competition** during the summer term, putting their imagination, creativity and writing skills to the test. To have their work selected for publication is a wonderful accomplishment and something of which they should be extremely proud.

Being published in a book is a significant achievement for any writer, and we are thrilled that so many of our students have had the opportunity to see their creative work recognised in this way. Their stories demonstrate the talent, originality and enthusiasm for writing that we are so proud to see across our school.

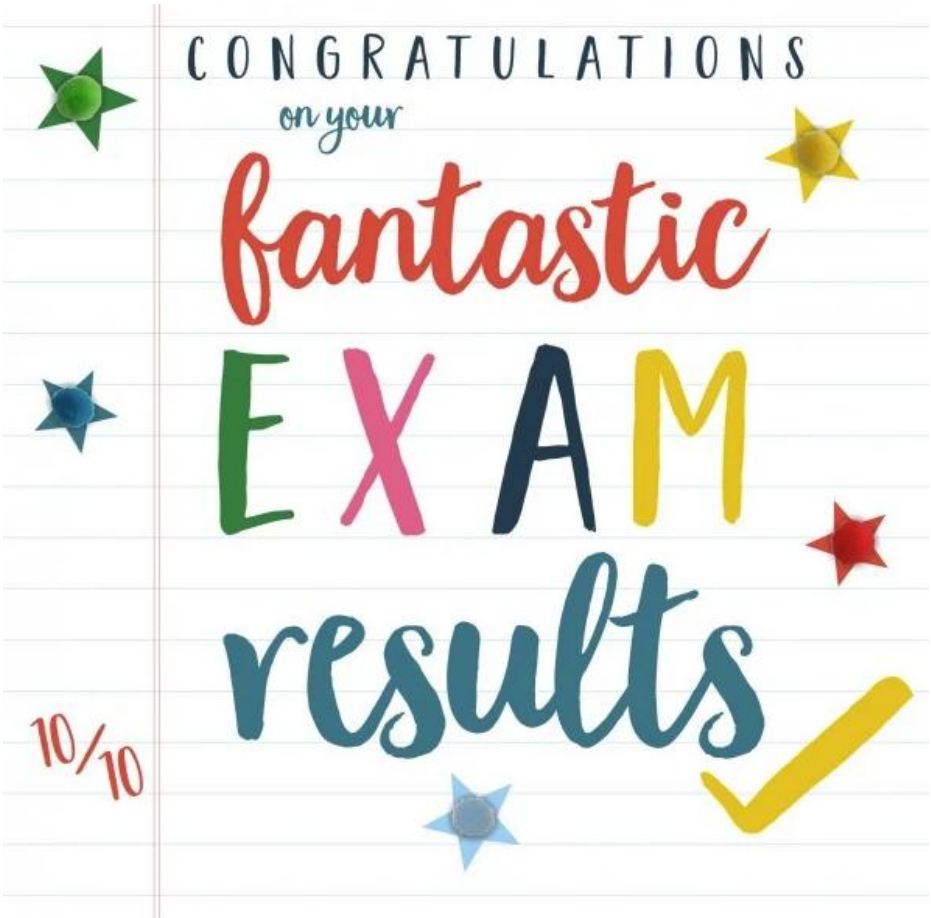
A huge **congratulations to all 47 students** on this fantastic success. We hope this experience inspires them to continue writing, creating and sharing their ideas.

2025/2026 Outcomes – Congratulations to year 11 and 13

Huge congratulations go to our year 11 and year 13 students of 2025/26 for all that they achieved in their exams in June. They worked incredibly hard and with the support of so many dedicated staff they gained some great results.

Year 11 gained some of the best results that the school has seen. 65% of pupils gaining at least a grade 4+ in both English and Maths, 7% up on last year, and 40% gaining at least a grade 5 in both, 11% up on last year. Pupils also gained some fantastic outcomes in Art, Graphics, DT, Sport, Physics, Performing Arts and Music. We are really pleased that so many have chosen to stay on into the Sixth form at Saint George's.

Year 13 outcomes were also improved on last year. More than two thirds of students were able to gain access to universities including several at Russell Group Universities. Some students were also successful in gaining places on much sought-after degree level apprenticeships. We are very proud of all that they have achieved and wish them well on their future pathways.



Join Us for the Big Autumn Litter Pick!



This half term, we're inviting pupils and parents to join us for our **Big Autumn Litter Pick** on **Monday 26th October 2026**.

It's a fantastic opportunity to come together as a school community, help keep our local area clean and tidy, and make a positive difference to the environment. Every little bit helps, and it's a great way to show pride in our community while spending time together outdoors.

When: Monday 26th October 2026, at 9:30am

Where: Meet at The Olive Grove

All pupils and parents are warmly welcome to take part. Please wear suitable outdoor clothing and sturdy footwear for the activity.

We look forward to seeing lots of you there and working together to make a difference this autumn!



Duke of Edinburgh *Bronze Award*

Parent Information Evening

Year 9 and 10

The Duke of Edinburgh's Award is officially up and running again at Saint George's!

This year, students in Years 9 and 10 will have the opportunity to complete their Bronze Award.

Our Parent Information Evening on 23rd September was well attended and gave students and families the chance to find out more about the award, ask questions and learn what each section involves.

We are also delighted to be working with Adtrex, who will be supporting our students through the expedition element of the award. As part of this, students will work together to plan and complete an overnight expedition, developing teamwork, resilience, independence and navigation skills along the way.

There has already been lots of enthusiasm around the Volunteering, Physical and Skills sections. Students are considering everything from Pony Club and supporting sports clubs at Saint George's, to developing language skills through Duolingo and helping younger siblings.

It is fantastic to see so many students excited to get started, and we are looking forward to following their progress over the coming months.

Careers Newsletter

Term 1

PROUD TO BE Aletheia Academies Trust

What is new in 2026/2027

This year, Saint Georges School will be introducing Modern Work Experience. The Governments ambition to ensure that students between the ages of 11 and 16 experience a variety of career based opportunities. The aim is to connect young people with industries, unlocking skills and opportunities for the future workforce.

By the time a students leaves Year 11 they should have experienced a minimum of two weeks' of work related experiences. Here at Saint Georges, we will be introduce more employer encounters to our students in Years 7-9. With Year 10 continuing their traditional Work Experience week.

Our Careers Programme will reflect our local labour market and the opportunities that are open to our community.

Our aim is that our students will have the information & experiences needed to make informed choices & be "employability" ready for the careers they wish to follow.

Modern Work Experience:
Let's Make it Work

CAREERS...

Describes our journey through life, learning and work!

2026/27 CAREERS PROGRAMME

The Careers Learning Journey for 2026/2027 is being finalized. We will share this in Term 2 when Key Stage 3 consider Careers in PSHE.

FAMILY SUPPORT

Are you or a Family member able to support our Careers Programme? Students learn more when hearing about Life Experience. Please contact us if you can spare any time.

WORK EXPERIENCE

Students in Years 10 and 12 will be asked to complete Work Experience during this academic year.

Please start to speak to the students in those years about their interests and possible career paths. Unifrog is a tool that can support these converations.

If you are able to offer a placement to a student, please contact us at careers@saintgeorgescofe.kent.sch.uk

YOUR FUTURE - YOUR CHOICE - EXPLORE YOUR OPTIONS

Term 1

unifrog

At Saint Georges C of E School we are privileged to have access to Unifrog. A web based platform used for our Careers programme. To access Unifrog, students should use their school email address. Parents should use the email address that they have registered with the school.

We recommend that students look at the skills profiles and Quiz profiles to help them choose their pathways.



What's coming up

In Term 2, we will be:

- Launching Unifrog with Year 7 students
- Support our Year 11 and 13 students to choose their next steps and make their applications
- Launch Modern Work Experience with all year groups
- Continue to build relationships with key employers within our area to ensure that our students are aware of opportunities that are available to them.

Get in touch today

In need of support or guidance on your next steps? Would you like to offer feedback? Please click below to email us

Your Careers Team

Are you a parent/carer or family member who is happy to talk about their Job or Career journey with our students?

Are you an external company that would like to support our students or appear in our next edition?

Contact Us

YOUR FUTURE - YOUR CHOICE - EXPLORE YOUR OPTIONS

Term 1

Job Profile of the week

Marine Engineering Superintendent

A shore-based senior management role responsible for the mechanical safety, maintenance, compliance and operational reliability of a fleet of vessels or marine plant.

Core responsibiolities are:

Mainentance and Refits - plan, schedule & oversee routine servicing, major overhauls and shipyard dry-docking.

Mechanical and Technical Oversight - diagnose complex engine, propulson, and auxiliary machinery failures: implement cost-effective, sustainable engineering fixes.

Compliance & Safety - Ensure adherence to International Maritime Organization (IMO) rules, Maritime and Coastguard Agency (MCA) standards, classification societies, and safety management systems (ISM Code).

Budget & Procurement - Manage operational (OPEX) and capital (CAPEX) budgets, negotiate shipyard tenders, and oversee spare parts inventory and contractor supervision.

Team Leadership - Supervise marine engineering technicians, workshops, or sea-going chief engineers, and provide technical guidance ashore

PORT OF LONDON AUTHORITY

Location	Denton Wharf, Gravesend
Hours	Monday to Friday. 35 hours per week
Salary	Approximately £65-70,000
Qualifications & Training	**Education:** Degree or higher-level qualification (BEng/HND) in Marine Engineering, Mechanical Engineering, or a related electro-mechanical discipline **Certifications:** Often requires an Incorporated Engineer (IEng) status or a Class 1 / EOOW Certificate of Competency (CoC) / Chief Engineer background. **Experience:** Proven senior-level background in marine operations, ship repair, fleet maintenance, or as a sea-going Chief Engineer.

Do you work for a local company that would like to support our students?

We would like to work closely with local companies to support our students to become the future employees that are needed.

Please get in touch!

For more information or other jobs linked to the river please visit Unifrog - click here.

YOUR FUTURE - YOUR CHOICE - EXPLORE YOUR OPTIONS

Term 1

Career Statistics in your local area

Labour Market Information for Gravesham

	Total Population aged 16-64 (2024)	Total % in employment 24-25	Total % unemployed
Southeast	9,642,942	78.7	3.5
Gravesham	10,671	65.5	Not shared

Data quoted from NOMIS (Office of National Statistics)

Employee Jobs by industry – Top 5 in Gravesham (%)

	Total Population aged 16-64 (2024)
Administration & Support Service Activities	18.2
Wholesale and retail trade; repair of motor vehicles and motorcycles	13.6
Education	10.6
Construction	9.1
Human and Social Work activities Transport & Storage Accommodation and Food Services	7.6

Data quoted from NOMIS (Office of National Statistics)

Useful Websites:

Springpod – Virtual Work Experience

GOV.UK – Find an apprenticeship

unifrog – Unifrog

Amazing Apprenticeships – Amazing Apprenticeships

YOUR FUTURE - YOUR CHOICE - EXPLORE YOUR OPTIONS



With less than two weeks until The Big Future closes, I am asking for your support in making one final, concerted effort to ensure as many children and young people as possible have the opportunity to take part.

The survey can be completed here:
https://www.childrenscommissioner.gov.uk/thebigfuture/

The Big Future is my final national survey of children and young people as Children's Commissioner for England. It is a vital opportunity for pupils to tell me what matters to them, what they want for their futures and what they believe needs to change.

Please make The Big Future a priority in your school over the next two weeks.

The most effective way to reach the greatest number of children is to give pupils dedicated time during the school day to complete the survey, rather than relying on them to take part in their own time.

The survey takes just a short time to complete, and we have made it as easy as possible for schools to get involved. You can access the survey and our ready-to-use slide pack, which can be used to introduce it to pupils, here: https://www.childrenscommissioner.gov.uk/the-big-future/.

With the deadline fast approaching, every school that takes part can make a real difference. I want to hear from children in every part of England, from every background and in every type of school. We cannot achieve that without your help.

Please take action now to give your pupils the chance to have their say before the survey closes. Two weeks is a short window, but together we can make sure as many children as possible are heard.

Thank you for your support and for helping me ensure that children's voices are at the heart of decisions about their futures.

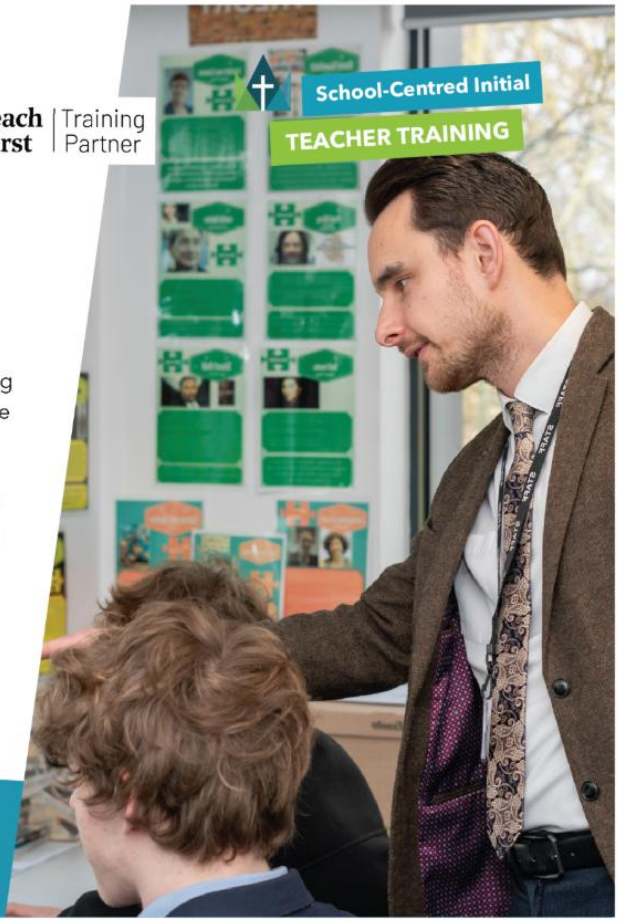
Dame Rachel de Souza

Children's Commissioner for England

Get into Teaching

Get into Teaching with Local Schools

Teach First | Training Partner



Have you or someone you know always wanted to train to teach?

Aletheia runs a successful school-centred teacher training programme in partnership with **Teach First**, giving you the chance to train in local primary and secondary schools.

We will support you through the application, interview, and training process, tailoring the programme to help you start your teaching career confidently.

2026 – 27 marks our third year training local teachers - **100%** of our 2024 – 25 cohort are now completing their first year of teaching, and many 2026 trainees have already secured local positions for September.

If you or someone you know is interested in becoming a teacher, please get in touch:
growwithus@aletheiatrust.org.uk



The Olive Grove – Breakfast Menu

The Olive Grove

Breakfast

Available Daily

from 8am - 8.30am



Bacon rolls in french bread



Sausages in a roll



Hash browns x2



Toast



Choc au pain



Croissants

Start your day the Olive Grove way!

The Olive Grove – Street Vibe Foods

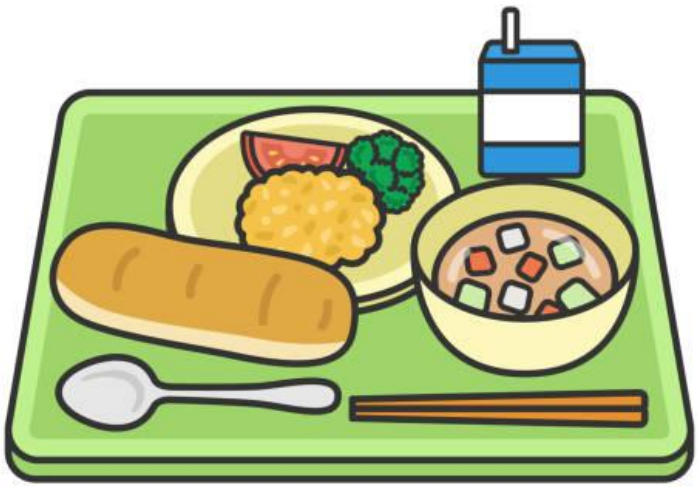


The Olive Grove – Lunch Menu

Saint George's
Church of England School

Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	SWEET & SOUR CHICKEN	MACARONI CHEESE	SAVOURY MINCE	CHICKEN FAJITA WRAP	PANKO CHICKEN GOUJONS
	RICE & NAAN BREAD	GARLIC BREAD	YORKSHIRE & ROAST POTS	POTATO WEDGES	CHIPS
	SEASONAL VEG	SEASONAL VEG	SEASONAL VEG	MIXED SALAD	BEANS
	SWEET & SOUR QUORN V	CHEESE & TOMATO PASTA	QUORN SAVOURY MINCE	SPINACH & MUSH MELT	VEGETABLE NUGGETS
	PEARS & CHOC CUSTARD	APPLE CRUMBLE	STRAWBERRY SPONGE	RAISIN FLAPJACK	WHITE COOKIE
WEEK 2	CHICKEN TIKKA	COTTAGE PIE (BEEF)	CHICKEN CASSEROLE	BEEF BOLOGNESE	BATTERED COD
	RICE & NAAN BREAD	BROCCOLI	YORKSHIRE & ROAST POTS	GARLIC BREAD	CHIPS
	SEASONAL VEG	BABY CARROTS & GRAVY	SEASONAL VEG	MIXED SALAD	BEANS
	ROASTED VEG TIKKA	QUORN COTTAGE PIE	VEG SAUSAGE CASSEROLE	MEDITERRANEAN PASTA	ONION BAHJI BURGER
	FRUIT SALAD & YOGHURT	C HERRY FLAPJACK	RHUBARB CRUMBLE	PINEAPPLE UPSIDE DOWN	CHOC CHIP COOKIE
WEEK 3	BREADED KATSU CURRY	CHICKEN GYROS WRAP	BEEF STEW	BBQ CHICKEN TACO	BEEF BURGER
	RICE & NAAN BREAD	HERBY POTATOES	MASH POTATO	PEPPER RICE	CHIPS
	SEASONAL VEG	MIXED SALAD & TZATZIKI	SEASONAL VEG/GRAVY	SALAD	BEANS
	BREADED VEG KATSU	SWEETPOT &PEPPER MELT	QUORN & POTATO STEW	BBQ VEG TACO	VEGETARIAN SAUSAGES
	MANDARINS & CUSTARD	JAMMY SHORTBREAD	CHOC SPONGE & CUSTARD	PEACH CRUMBLE	DOUBLE CHOC COOKIE



Safeguarding Bulletin

It is always a wonderful start to the new academic year to greet our students, new and old in September, and this year has been no exception.

Safeguarding remains a constant here at Saint Georges and we welcome parents/carers to approach us with any concerns or worries.
You can email/call: -
CaveE@saintgeorgescofe.kent.sch.uk -01474 533082 Lead DSL
AlpnarK@saintgeorgescofe.kent.sch.uk 01474 533082 Deputy Lead DSL/Mental Health Lead

Some of the new key points that have arisen this year in KCSIE (Keeping Children Safe In Education) are: -

- Mental Health has expanded
- Mobile Free Environment
- Online Harm including AI-generated imagery, deepfakes, sextortion
- Misogyny
- Gender Questioning Children

Whilst we currently already cover all the above, we will continue to educate our young people by workshops/interventions and speaking to them around any concerns or worries that they may have.

To support our student's mental health and emotional wellbeing, we currently use: -

- EHMF (Elliot Homes Memorial Fund) which provides free counselling sessions outside of school (self-referral needed via their website)
- Emotional Wellbeing Team who will complete sessions within school for students
- Blake's Pink Promise who complete sessions within school for students
- Blake's Pink Promise also hold weekly Youth Club here at Saint Georges on Tuesdays from 1700-1900hrs in the Main Hall – everyone is welcome
- 1:1 weekly session with our Resilience & Wellbeing Mentor in school
- Play Therapy held in school once a week (referral needed by Community Leader)
- Helen Doyle external counselling, held once a week in school (referral needed by Community Leader)

Some useful links/contacts/workshops that may be of interest have been shared as attachments with this newsletter.

- All Workshops – Secondary
- Co-regulation in conversations and conflicts – Secondary
- Less Stress Guide to Exams – Secondary
- Understanding the Amazing Teenage Brain – Secondary



Below are some external links that you may find useful: -

- National Domestic Abuse Helpline – 0808 2000247
- National LGBT Domestic Abuse Helpline – 0800 9995428
- DAVE Helpline (for Male Victims) – 01233 650160
- Childline – 0800 1111
- NSPCC – 0808 8005000
- FEARLESS – 0800 5551111 (to report any crime or concern anonymously)
- Call NELFT for mental health support (24/7) 0300 555 1000
- Crisis Team – 111 option 2/via A&E
- The Safeguarding Team here at Saint Georges are always here to support not only your child, but you. Please do not hesitate to contact us if there is anything further that we can support with.

Out of Hours Safeguarding Contacts

For Immediate Safeguarding Concerns: -

- Please call The Front Door Team if you are concerned about the safety and wellbeing of a young person 03000 411111 or 03000 419191 (out of hours): -
- Call 111 option 2 for mental health/crisis team
- Call 101 if you suspect a crime
- Call 999 if there is a danger to life

If you are a student and are worried about your mental health or emotional wellbeing, you can: -

- Call NELFT for mental health support (24/7) 0300 555 1000 email: nelft.nhs.uk
- Call Childline for immediate support around a variety of issues 0800 1111 or email: childline.org.uk
- Call FEARLESS 0800 555111 to report any crime or concern anonymously

Additionally, for any safeguarding concerns or worries, please contact:-

- CaveE@saintgeorgescofe.kent.sch.uk
- AlpnarK@saintgeorgescofe.kent.sch.uk

Dates for your Diary

Term 2	
Monday 26th October (During half-term)	The Big Autumn Litter Pick
Monday 2nd November	Staff Development Day
Tuesday 3rd November	Term 2 starts
Thursday 19th November	KS4 and KS5 Careers Fair Post 16 Open Evening
Tuesday 24th November	Flu Vaccinations (years 7-11)
Friday 27th November	Year 7 Spelling Bee
Thursday 3rd December	Year 13 Parent Interviews
Wednesday 9th December	Carol Service
Thursday 10th December	Year 9 (Y) Parent Interviews
Tuesday 15th December	Year 9 (Z) Parent Interviews
Friday 18th December	End of Term 2 (school closed) Rochester Cathedral Celebration of achievement




Suitable for primary aged children
Arts Holiday Club Northfleet
26th, 27th, 28th October
Springhead Park Primary School
10am - 4pm | £35 per day*
(*or £40 with wraparound care, 9am - 5pm)



3 days of engaging arts activities, interspersed with games and outdoor play!

🗓️ *26th, 27th, 28th October*
⏰ *10am - 4pm (or 9am - 5pm for +£5)*
💷 *£35 per day*
📍 *Springhead Park Primary School*

Booking Link 👉
https://blueprintarts.fillout.com/springheadautumnarts2026

Saint George's
Church of England School

Aletheia
Academies Trust

Hire our facilities

Scan the QR code to book



Our incredible facilities are available to book on evenings, weekends, and holidays

Whether you are looking for outdoor pitches, versatile drama spaces, or dedicated areas for sports and learning, we have the perfect space for your needs.









To book now scan the QR code at the top or contact:
lettings@aletheiatrust.org.uk or on 01474 533 082 (ext. 3001)

Prices start from £19 p/h



Scan to book

Host your event





Whether you are hosting a team event, organising a creative workshop, or planning a special gathering, we offer versatile spaces to suit your needs. From outdoor pitches to fantastic drama studios, we have the perfect environment to bring your ideas to life.

Explore our range of spaces:

- Dance studio
- Drama studio
- Sports Hall
- 3G Multi Use Games Area
- Classrooms
- Primary and Secondary Hall



Saint George's Church of England School, Meadow Road, Gravesend, DA11 7LS

saintgeorgescofe.kent.sch.uk

NHS
Kent and Medway
Mental Health
NHS Trust

Parent Workshop

Understanding the Amazing Teenage Brain

29/09/2026 18:00pm—20:00pm

Understanding the amazing teenage brain | Join meeting in Teams | Microsoft Teams

Less Stress Guide to Exams

11/11/2026 17:00pm—18:00pm

Less Stress Guide to Exams | Join meeting in Teams | Microsoft Teams

Co-regulation in Conversations and Conflict

25/11/2026 17:30pm—19:30pm

Co-regulation in Conversations and Conflict | Join meeting in Teams | Microsoft Teams

EMOTIONAL WELLBEING TEAM KENT
EMOTIONAL SUPPORT TEAM
MEDWAY

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Workshop

Co-regulation in Conversations and Conflict

25/11/2026 17:30pm—19:30pm

***Workshop timings change from term to term**

Parents/carers are invited to a workshop, Co-regulation in Conversations and Conflict . It covers topics such as, difficult conversations, compassion, tolerating distress and curiosity. We aim to help develop understanding in these areas and to explore possible strategies that you can use.

If you would like to join, please ctrl + click link below or by entering the Meeting ID and Passcode within Teams:

Co-regulation in Conversations and Conflict | Join meeting in Teams | Microsoft Teams

You do not need an account to join. You will need access to the internet. If you have any questions, please speak with your school. If you require materials in another language or have any other access needs then please email:

kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Workshop

Less Stress Guide to Exams

11/11/2026 17:00pm—18:00pm

***Workshop timings change from term to term**

Are you currently experiencing difficulties with exam stress? Would you like to learn more about what anxiety is and how to best to prepare for exams?

You are invited to a workshop exam stress. It will help you to understand what causes anxiety. We will also discuss techniques that you can use to overcome anxiety for exams and coursework.

If you would like to join, please ctrl + click link below or by entering the Meeting ID and Passcode within Teams:

Less Stress Guide to Exams | Join meeting in Teams | Microsoft Teams

You do not need an account to join. You will need access to the internet. If you have any questions, please speak with your school. If you require materials in another language or have any other access needs then please email:

kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Workshop

Understanding the Amazing Teenage Brain

29/09/2026 18:00pm—20:00pm

***Workshop timings change from term to term**

Parents/carers and young people are invited to a workshop Understanding Your Teenage Brain. It will help you to understand your amazing brains and the changes that come with adolescence. We will also discuss strategies that you can use to improve communication and understanding between you and to regulate emotions.

If you would like to join, please ctrl + click link below or by entering the Meeting ID and Passcode within Teams:

Understanding the amazing teenage brain | Join meeting in Teams | Microsoft Teams

You do not need an account to join. You will need access to the internet. If you have any questions, please speak with your school. If you require materials in another language or have any other access needs then please email: kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

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