

## BTEC Assignment Brief

<b>Qualification</b>	Pearson BTEC Level 3 National Certificate in Sport Pearson BTEC Level 3 National Extended Certificate in Sport Pearson BTEC Level 3 National Foundation Diploma in Sport Pearson BTEC Level 3 National Diploma in Sport Pearson BTEC Level 3 National Extended Diploma in Sport
<b>Unit number and title</b>	<b>Unit 7: Practical Sports Performance</b>
<b>Learning aim(s)</b>	<b>A:</b> Examine National Governing Body rules/laws and regulations for selected sports competitions <b>B:</b> Examine the skills, techniques and tactics required to perform in selected sports
<b>Assignment title</b>	Increasing Participation in Olympic Individual and Team Sports.
<b>Assessor</b>	
<b>Issue date</b>	
<b>Hand in deadline</b>	

<b>Vocational Scenario or Context</b>	<p>The Head of Physical Education (PE) at the local secondary school has contacted your course tutor.</p> <p>After the success of the Olympic Games the PE teacher would like to introduce two new sports to the Key Stage 3 curriculum at the school. In order to do this the Head of PE would like to educate the children in Years 7, 8 and 9 about the rules and regulations and skills, techniques and tactics in one Olympic Individual Sport, and one Olympic Team Sport.</p> <p>The Head of PE has asked if the learners on the Level 3 BTEC Sport programme could develop some promotional materials which we will help the children in Years 7, 8 and 9 to develop a greater understanding of the rules and regulations and skills, techniques and tactics for one Olympic individual sport and one Olympic team sport.</p>
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<b>Task 1</b>	<p>You will select a team and an individual sport both of which are Olympic sports.</p> <p>In order to ensure that the learners obtain a thorough understanding of the rules/laws and regulations of the selected sports, the Head of PE has asked that you provide some materials that can be displayed on a display board in the sports hall at the school.</p>
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The first set of materials should review how participants comply with the rules/laws and regulations in both the team and individual sport. You will be provided with a range of video scenarios to help you judge the application of rules and how they impact each sport.

The report you provide, generated from your video analysis, should include;

- Rules/laws as regulated by the national or international governing body for the two selected sports
- Competition rules/laws and regulations
- Unwritten rules and/or etiquette specific to sport
- Regulations for sports under competition rules

The Head of PE has asked that you include situations where the officials, who regulate the sport, have applied rules/laws both legally, and illegally.

You should assess the effectiveness of the officials in their application of the rules and regulations, and discuss their roles and responsibilities when applying the rules/laws and regulations. It is important to consider the impact of the decisions made by the officials, giving your own view of how the decisions have affected the game.

In addition to these materials, the Head of PE would like you develop some additional promotional materials, which summarise the skills and techniques that sports performers must master, in order to participate in each sport.

Your summary should include skills which should be categorised as;

- Continuous skills
- Serial skills
- Attacking skills
- Defensive skills

You should summarise the effective use of the skills, techniques and tactics to maximise performance of sports performers during competition. Include good and bad examples of the skills and techniques being applied and discuss the strengths, weaknesses and difficulties in applying them. Think about how the difficulty in the application of the skills and techniques changes from isolated situations, to conditioned practices and then into a competitive situation.

	<p>You should also include the tactical demands for both sports, covering the following components;</p> <ul style="list-style-type: none"> <li>- Defending</li> <li>- Attacking</li> <li>- Decision making</li> <li>- Communication</li> <li>- Environmental conditions</li> </ul> <p>Provide real examples when discussing the tactical demands of each sport. You should use real examples to support your discussion of the tactical demands and discuss the importance of each tactical demand. Diagrams and pictures from competitive situations (such as the Olympics) may help you to support your conclusions on the importance of each tactical demand. Discuss the strengths and weaknesses, along with advantages and disadvantages, of the tactics.</p>
<b>Checklist of evidence required</b>	Promotional materials/written report
<b>Criteria covered by this task:</b>	
Unit/Criteria reference	To achieve the criteria, you must show that you are able to:
A.P1	Summarise how participants comply with the rules/laws and regulations in individual and team sports.
B.P2	Discuss the skills, techniques and tactics required in two different sports.
A.M1	Assess how participants comply with the rules/laws and regulations and the impact on individual and team sport.
B.M2	Assess the skills, techniques and tactics required in two different sports.
AB.D1	Evaluate how participants use skills, techniques and tactics required in individual and team sports and their compliance of rules/laws and regulations impacts on individual/team performance.

<b>Sources of information to support you with this Assignment</b>	<p><b>Textbooks</b></p> <p>Edwards J, Badminton: Technique, Tactics, Training (Crowood Sports Guides), The Crowood Press Ltd, 1997 ISBN 9781861260277</p> <p>Griffin LL, Mitchell SA and Oslin JL, Teaching Sport Concepts and Skills: A Tactical Games Approach, Leeds: Human Kinetics, 1997 ISBN 0880114789</p> <p>Jones S, Rugby: Passing, Catching, Kicking (Know the Game Skills), London: A&amp;C Black, 2009 ISBN 9781408114100</p> <p>Parkhurst A, Tennis: A Complete Guide to Tactics and Training (Sporting Skills), First Stone Publishing, 2005 ISBN 9781904439479</p> <p>Redknapp H, Soccer Skills and Tactics, Paragon, 2002 ISBN 9780752590448</p>
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Volleyball England, Volleyball (Know the Game) (Third Edition), London: A&C Black, 2006 ISBN 071367900X  
Woodlands J, The Netball Handbook, Human Kinetics Europe Ltd, 2006 ISBN 9780736062657

### Videos

A range of videos involving elite sports competition are suggested for this assignment;

Advanced Badminton (DVD) (NTSC) – United States National Champion, Kevin Han, demonstrates how to become a top-level badminton player.

Basketball Power Forward Skills and Drills – Optimize Your Skills – Become a

Better Player – Techniques and skills to achieve high-level basketball performance.

Cilene Drennick: Building an All-Around Volleyball Athlete with Brazilian Training Methods (DVD) – Training techniques to be successful in volleyball.

FA Cup Final: 2006 – The Gerrard Final (DVD) – Features the classic 2006 FA Cup final between Liverpool and West Ham United.

London 2012: Gymnastics – Going for the Gold (DVD) – Features performances from the 2012 London Olympics.

Rugby World Cup 2015: The Final (DVD) – Coverage of the 2015 Rugby Union World Cup final between Australia and New Zealand.

The Australian Open Tennis Championships 2012: Men's Final (Novak Djokovic V Rafael Nadal) (DVD) – Features the classic men's final from 2012.

The Greatest moments in track and field – Sprint and Field Events (DVD) – Features a range of world-class performances in track and field athletics.

### Websites

[www.badmintonengland.co.uk](http://www.badmintonengland.co.uk) – Badminton Association of England

[www.britishcycling.org.uk](http://www.britishcycling.org.uk) – British Cycling

[www.british-gymnastics.org.uk](http://www.british-gymnastics.org.uk) – British Gymnastics

[www.britishswimming.org](http://www.britishswimming.org) – Amateur Swimming Association

[www.britishvolleyball.org](http://www.britishvolleyball.org) – British Volleyball Association

[www.englandbasketball.co.uk](http://www.englandbasketball.co.uk) – English Basketball Association

[www.lta.org.uk](http://www.lta.org.uk) – The Lawn Tennis Association

[www.olympics.org.uk](http://www.olympics.org.uk) – The British Olympic Association

[www.rfu.com](http://www.rfu.com) – The Rugby Football Union

[www.sportsofficialsuk.com](http://www.sportsofficialsuk.com) – Sports Officials UK

[www.thefa.com](http://www.thefa.com) – The Football Association

[www.ukathletics.net](http://www.ukathletics.net) – UK Athletics

	<a href="http://www.ukssport.gov.uk">www.ukssport.gov.uk</a> – UK Sport
<b>Other assessment materials attached to this brief</b>	